Weber State University School of Social Work and Gerontology

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Social Work 4810: Crisis Intervention and Trauma

COURSE DESCRIPTION

This course is designed to prepare students to develop assessment, diagnostic and evidenced based interventions to assist those in critical need during and after a crisis or trauma. A crisis is defined as an event that exceeds and overwhelms an individual's coping skills to the point where equilibrium is disrupted. Successful completion of this course qualifies for the crisis worker certification through the State of Utah.

<u>COURSE OBJECTIVES</u> After participating in this course, students will be able to:

- 1. Provide a theoretical basis of assessment, diagnosis and intervene with individuals experiencing critical life events.
- 2. Critically evaluate and apply differing evidenced based crisis interventions.
- 3. Identify the major legal/ethical issues that are relevant to crisis situations.
- 4. Explain need for cultural sensitivity in crisis intervention
- 5. Apply course content to multidimensional assessments for social work practice.
- 6. Apply theory and practice models on the micro, mezzo, and macro levels.

CLASS FORMAT

Learning involves not only the acquisition of facts and information, but also the examination of prior knowledge and personal experience. Thus, students will learn the course content through various experiences including lecture, required readings, written assignments, exams, and planned course activities.

Required Text

James, R., and Gilliland, B. (2017). Crisis intervention strategies 8th Ed. Cengage: Boston, MA.

Course Assignments, Student Evaluation, and Grading

1. Attendance and participation (130 points): Because student participation is a vital part of the learning process, students will be awarded points for attendance. Students are expected to behave as adults and professionals, and to treat each other and the Professor with respect. Cell phone use is

prohibited during class, and cell phones must be turned on silent or off upon entering class. Conversation between students during lecture or when other students are asking questions of the Professor is disrespectful and inappropriate. Sleeping during class, using computers for use other than course related work is also disrespectful and inappropriate. Persons engaging in disrespectful or inappropriate behavior may be asked to leave the room.

Class participation includes attendance and participating in class. Students who choose to engage in behavior that is not conducive to the learning environment will forfeit their participation points for the day. Students arriving late and/or leaving early will not be awarded full points for the day. Students who miss class will forfeit points for that class period.

- 2. **Summary papers (100 points):** There are 4 online trainings that will need to be completed. These online training will be in lieu of class time. After watching the online training, you will write a summary paper on each video. The paper is one paragraph of summary and a paragraph about what you learned. There will also be 6 other times over the course of the semester in which we will have summary papers due.
- 3. **Exams (100 points):** Two exams will be given over the course of the semester. They are take home and to be submitted in Canvas.

Grading: Grades for this term will be determined by the total points earned. The final grade will be awarded according to the following percentage scale: A 93-100%; A- 90-92%; B+ 88-89%; B 82-87%; B- 80-81%; C+ 78-79%; C 73-77%; C- 70-71%; D+ 68-69%; D 63-67%; D- 60-62%; E 0-59%.

Criteria		Points Possible
1. Attendance		130
2. Summary papers		100
3. Exams		100
	Total	330

<u>Americans with Disabilities Act (ADA)</u>: In accordance with the Americans with Disabilities Act (1990), Weber State University Department of Social Work and Gerontology seeks to provide equal access to its programs, services, and activities for people with disabilities. Reasonable prior notice is needed to arrange accommodations. Any student requiring accommodations or services due to a disability to assist with the completion of assignments, quizzes, and exams must first contact the Disability Services. This office is located in the Student Services Building, room 181, 626.6413. The SSD can also make arrangements for course materials, including this syllabus, in alternative formats if necessary.

Plagiarism: While students are encouraged to work together, cheating or copying another's work, past or current, without proper referencing is grounds for expulsion from Weber State University. University disciplinary guidelines will be followed if either plagiarism or cheating arise.

Late Assignments: All work is expected to be completed and turned in on or before the day it is due. If you anticipate being absent from class, you are welcome to complete and turn in work before it is due. If you miss class, it is your responsibility to check with fellow students or the instructor to get assignments that may be due the following week. Late assignments are NOT accepted unless arrangements have been made with the instructor in advance.

<u>**Campus Closure:**</u> In the event of an extended campus closure, I will continue to provide instruction and interaction via email. These messages may include Word and/or PowerPoint attachments that will provide a lecture, written assignment directions, and readings. If the campus is closed during the test date, the test will be postponed.

Week Topic			
1	8/30	Chapter 1: Approaching Crisis Intervention	
2	9/6	Chapter 2: Culturally Effective Helping in Crisis	Training 1 and summary
3	9/13	Chapter 3: Intervention and Assessment Models	Training 2 and summary
4	9/20	Chapter 3 continued	Training 3 and summary
5	9/27	Chapter 4: Tools of the trade	summar y
6	10/4	Chapter 4: continued	Speaker and summary
7	10/11	Chapter 5: Crisis Case Handling	Speaker and summary
8	10/18	Chapter 6: Telephone and on-line crisis counseling	Virtual visit and summary
9	10/25	Chapter 15: Legal and ethical issues	
10	11/1	Chapter 17: Disaster response	Training 4 and summary
11	11/8	Chapter 8: Crisis of lethality	Speaker and summary
12	11/15	Chapter 12: Personal Loss	
13	11/22	Chapter 18: Crisis of addiction	Speaker and summary
14	11/29	Crisis and law enforcement	Speaker/movie and
15	12/6	Wrap up, catch up	Summary Final Exam

The course outline is subject to change

ONLINE TRAININGS suicide prevention		
1. CALM (https://www.train.org/utah/course/1081014/)		
2. Zero Suicide & Trauma Informed Care		
(http://zerosuicide.sprc.org/webinar/zero-suicide-and-trauma-informed-		
<u>care)</u>		
https://edc.adobeconnect.com/_a1002235226/p28w4pf8hof/		
3. Zero Suicide & Use of Peer Supports		
(http://zerosuicide.sprc.org/webinar/role-peer-support-services-caring-		
those-risk-suicide)		
https://edc.adobeconnect.com/_a1002235226/p60aqp4nel9/		

4. Lifeline Disaster Trainings
https://rise.articulate.com/share/MqFzokcKxN-t4XIFzBdbxAE7h49ro1mU#/

NAME: Date CRP:	Date of CWCT:		
Training Component			
Agency Specific Topics Wee speakers from community MH	eks 3, 4, 5, 6, 7, 8 & guest to address		
□ Agency Policies and Procedure	es		
Record Keeping/Documentation	on		
□ Incident Reporting			
Crisis Assessment			
Community Resources			
\Box Safety in the Field			
\Box Shadowing (8+ hours)			
Crisis Trainings			
Confidentiality/HIPPA Week	9		
Legal/Ethical Issues/Duty to Warn/APS/CPS Week 9			
Crisis Case Handling. Week 11, 12, 13			
□ Psychopharmacology <i>Week 6</i>			
Consultation/Debriefing/Team	Week 11		
□ Test on outlined topics <i>Final e</i>	exam		

ONLINE TRAININGS suicide prevention 3hours	
CALM (https://www.train.org/utah/course/1081014/)	Week 2
□ Zero Suicide & Trauma Informed Care	Week 3
(http://zerosuicide.sprc.org/webinar/zero-suicide-and-trauma-informed-	
<u>care</u>)	
□ Zero Suicide & Use of Peer Supports	Week 4
(http://zerosuicide.sprc.org/webinar/role-peer-support-services-caring-	
those-risk-suicide)	
ADDITIONAL TRAINING (choose one or two that equals 2hours)	

Lifeline Disaster Trainings 1 hr https://rise.articulate.com/share/MqFzokcKxN-

Week 10

5

Training Component

t4XIFzBdbxAE7h49ro1mU#/ https://rise.articulate.com/share/RY1tnjeN8jx03kFU4jcx2FUuvzyHQaqB#/ Ride along with Law Enforcement 2 hrs – Week 14 Date: CRP Consultation Calls 1-2 hrs. Week 8 Date Other if qualifies: Date

Supervisor Signature_