Webinar: RAISE Act, State Policies, and NASHP’s State Medicaid Policy Institute on Family Caregiving
Supported by The John A. Hartford Foundation

January 13, 2021
3-4 PM EST
Webinar Agenda

- Introduction and Welcome, Wendy Fox-Grage, NASHP
- Opening remarks, Rani Snyder, The John A. Hartford Foundation
- The RAISE Act: Laying the Foundation for a National Caregiving Strategy, Greg Link, ACL
- NASHP State Medicaid Policy Institute: Leveraging State Resources to Support Family Caregivers, Kitty Purington, NASHP
- State Innovations to Support Family Caregivers, Carrie Molke, WI Department of Health Services
- Q & A
RAISE Act, State Policies, and NASHP’s State Medicaid Policy Institute on Family Caregiving

NASHP RAISE Family Caregiver Resource and Dissemination Center

Jan. 13, 2021

Rani E. Snyder, MPA

Vice President, Program
The John A. Hartford Foundation
A private philanthropy based in New York, established by family owners of the A&P grocery chain in 1929

- $625,000,000 in Aging & Health grants authorized since 1982
- Building the field of aging experts; Testing and replicating innovation
Mission & Priorities

DEDICATED TO IMPROVING THE CARE OF OLDER ADULTS

PRIORITY AREAS

- Age-Friendly Health Systems
- Serious Illness & End of Life
- Family Caregiving
Families Caring for an Aging America (2016)

- Focus needs to be on person- and family-centered care
- Support of family caregivers needs to be an integral part of the nation’s responsibility for caring for older adults
- 4 recommendations, one of which calls for a National Family Caregiver Strategy
NASHP: The RAISE Act Family Caregiver Resource and Dissemination Center

Goal of Grant
To develop a comprehensive resource and dissemination center on family caregiving

Approach
• Develop a Resource and Dissemination Center to support the work of the RAISE Act Advisory Council being assembled by the Administration for Community Living: https://nashp.org/policy/chronic-and-complex-populations/the-raise-family-caregiver-resource-and-dissemination-center
• Research policies and evidence-based programs
• Convene experts
• Provide technical support to states
• Provide information to the public and test the Advisory Council’s recommendations for family caregiving policies and programs in select states
Addressing Unmet Family Caregiving Needs in Diverse Older Communities

Dissemination of the UCLA Alzheimer’s and Dementia Care Program

The RAISE Act Family Caregiver Resource and Dissemination Center

Dissemination of Best Practice Caregiving, Guiding Organizations to Dementia Programs for Family Caregivers

Supporting Family Caregivers Providing Complex Care

Helping States Support Family Caregivers Caring for an Aging America, Phase II

Addressing Unmet Family Caregiving Needs in Diverse Older Communities, Implementation Phase

Engaging Family Caregivers through Shared Access to the Electronic Health Record, Planning for Transformational Change
Thank You!

Rani.Snyder@johnahartford.org

WWW.JOHNAHARTFORD.ORG
The RAISE Act: Laying the Foundation for a National Caregiving Strategy

Greg Link
Administration for Community Living

RAISE Act, State Policies, and NASHP’s State Medicaid Policy Institute on Family Caregiving
Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act of 2017 – overview

Became law: 1/22/18

Three Key Elements

- Family Caregiving Advisory Council
  - Report to Congress
- National Caregiving Strategy

Current Sunset: 2022
Family Caregiver – “The term ‘family caregiver’ means an adult family member or other individual who has a significant relationship with, and who provides a broad range of assistance to, an individual with a chronic or other health condition, disability or functional limitation”
Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act of 2017 – overview

The Family Caregiving Advisory Council (FCAC)

“…to advise and provide recommendations, including best practices to the Secretary on recognizing and supporting caregivers”

• The FCAC consists of:
  – Ex-officio federal members
  – Non-federal voting members (up to 15)
• Three subcommittees
  – Goal driven and topic based
  – Monthly meetings focus on Initial Report and National Strategy development
• Reports
  – An initial report;
  – Annual updates
Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act of 2017 – overview

The Initial Report to Congress

• An assessment and inventory of federally funded efforts to recognize and support family caregivers
• Recommendations to:
  – Improve/better coordinate Federal programs and activities, including with state programs.
  – Effectively deliver services based on performance, mission and purpose of a program while avoiding duplication/overlap.
• Identification of financial, health and other challenges faced by family caregivers and existing approaches to address them.
• An evaluation of the impact of family caregiving on Medicare, Medicaid and other Federal programs.

*Deliverable #1
Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act of 2017 – overview

Family Caregiving Strategy*

- Developed jointly by Federal agencies and the FCAC;
- Identifies action Federal, state, local, communities, health and LTSS providers and others can take to recognize and support family caregivers (i.e., a National strategy);
- Must be reflective of the diverse needs of family caregivers;
- Submitted to Congress and made available online; and
- Inclusive of the following…..

*Deliverable #2
Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act of 2017 – overview

The National Caregiving Strategy (cont.)

• Promoting greater adoption of person- and family-centered care across settings
• Assessment and service planning
• Information, education and training supports, referral and care coordination
• Respite options
• Financial security and workplace issues
• Service delivery based on performance, mission and purpose of a program; eliminate redundancies
RAISE Act Implementation: Progress to Date

• Full Council Meetings
  – Inaugural meeting: August 28 & 29, 2019
  – Second meeting: February 11 & 12, 2020
  – Third meeting: May 20 & 21, 2020
  – Fourth Meeting: July 16, 2020
  – Fifth Meeting: August 12, 2020
  – Sixth Meeting: November 18, 2020
    ▪ Open to the public, in-person and web-based formats
    ▪ ACL website posts all meeting materials and recordings

• Request for Information (RFI)
  – Issued 12/7/19 (closed 2/7/20) – 1,613 responses; 75% from caregivers!
  – Will inform development of the Initial Report, National Strategy and public listening sessions
The FCAC Adopts Recommendations

• Five Priority Areas
  – Awareness and Outreach for Family caregivers
  – Engagement of Family Caregivers as Partners in Healthcare and Long-Term Services and Supports
  – Services and Supports for Family Caregivers
  – Financial and Workplace Security for Family Caregivers
  – Research, Data and Evidence-Informed Practices

• Recommendations are the foundation for the National Family Caregiving Strategy
The FCAC Adopts Recommendations

Recommendations focus on
- Increase public awareness and recognition of family caregiver needs
- Improving outreach
- Promote expansion of public/private partnerships
- Include family caregivers as essential members of the care team and in all relevant care coordination and transitions
The FCAC Adopts Recommendations

Recommendations focus on
• Increase the availability of high-quality, setting-appropriate, and caregiver-defined respite services
• Increase the availability of diverse counseling, training, peer support, and education opportunities for family caregivers
• Encourage use of technology, volunteers and volunteerism
• Improve the support of family caregivers during emergencies
The FCAC Adopts Recommendations

Recommendations focus on

• Increase and strengthen the paid LTSS and direct support workforce.
• Increase the availability, and use of, financial education and planning tools for family caregivers.
• Establish a national infrastructure using standardized data, questions, and a definition of “family caregiver” for obtaining analyzing, and disseminating information about caregivers and their experiences.
What’s Ahead in 2021?

• Complete the Council’s Initial Report to Congress
  – Review and clearance
  – Dissemination plan and outreach

• Begin development of the National Family Caregiving Strategy
  – Based on adopted recommendations
  – Informed outreach and public input
www.ACL.gov/RAISE

• Dedicated webpage for all RAISE Act-related activities and products
  – Read the RAISE Act statute
  – Council meeting information, materials and recordings
  – Progress Report
  – Link to Supporting Grandparents Raising Grandchildren webpage
  – Link to NASHP’s RAISE Family Caregiver Resource and Dissemination Center
Greg Link, MA
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NASHP State Medicaid Policy Institute: Leveraging State Resources to Support Family Caregivers

KITTEN PURINGTON, SENIOR PROGRAM DIRECTOR
NATIONAL ACADEMY FOR STATE HEALTH POLICY

This work is supported by The John A. Hartford Foundation.
Kitty Purington, JD,
National Academy for State Health Policy
Senior Program Director
The National Academy for State Health Policy

- Non-profit, non-partisan organization with offices in Washington, DC and Portland, ME.

- Supported by an Academy of regionally and politically diverse cross-agency state leaders.

- Dedicated to working with states across branches and agencies to advance, accelerate, and implement workable policy solutions that address major healthcare issues.
Why Family Caregiving?

- Family caregivers play an increasingly important role in states’ efforts to balance Medicaid LTSS systems
  - Caregiver support can delay or reduce costly formal health care utilization.
  - Family caregivers help Medicaid agencies deliver care that respects the enrollee’s cultural and language preferences.
  - COVID pandemic is changing how individuals, families, and policy makers think about LTC
  - The economic value of family caregiving in 2017 was estimated to be $470 billion.

- States looking to support family caregivers can consider state Medicaid and other policy options for:
  - Training, education, counseling for families
  - Self-direction programs that pay families to deliver Medicaid services
  - Respite and other supports
State Medicaid Policy Institute: Leveraging State Resources to Support Family Caregivers
Objective

Through this Institute, NASHP will support state efforts to develop and/or strengthen innovative strategies to increase access to services and supports for family caregivers and the Medicaid beneficiaries for whom they provide care, focusing on home- and community-based approaches for older adult beneficiaries.
State Medicaid Policy Institute Overview

- **Up to five state teams** will be selected by NASHP to participate in the Institute

- State teams will consist of up to four members
  - Lead by state health official
  - At least two state officials or administrators, such as:
    - Medicaid officials
    - State Aging and Disability administrators
    - Legislators
  - May also include key stakeholders, such as:
    - Family caregiver advocates
    - Community-based organizations
    - Providers

- State teams will receive 12 months of flexible technical support and $40,000

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**Key Institute Dates:**

- **January 29, 2021**
  - Applications due to NASHP

- **February 15, 2021**
  - Notification of selection to states

- **March 15, 2021**
  - Academy begins
Benefits of State Participation
Benefits of State Participation

Technical assistance and Resources:

- Development of family caregiver policy action plans to support key state priorities;
- Individualized technical support from NASHP staff and expert consultation from national, state, and federal leaders;
- $40,000 in support over the course of the Institute;
- Virtual workshops; and
- Peer to peer discussions and webinars open only to Institute teams
How does my state apply?
Application Guidelines

Required:
Identify a core team of up to four members and collaborate with core team members to complete the RFA Application Questions
- Core team should identify a team lead/point of contact (must be a state official)
- Core team should contain at least two state officials or administrators, such as:
  - Medicaid officials
  - State aging and disability administrators
  - Legislators
- Core teams may also include additional state staff or key stakeholders, such as:
  - Family caregiver advocates
  - Employers
  - LTSS providers

Optional:
Letters of Support
Application Guidelines

All applications will be evaluated based on the extent to which they exhibit the following criteria:

- Specific & measurable policy goals and timeline activities
- States’ foundational planning for aging and disability policy changes
- How Academy resources will be used to make progress on goals
- Identify specific expertise/support that would help in progressing on Academy goals
Application Process

- Assemble core team and complete the Application Questions (available at https://www.nashp.org/nashp-state-medicaid-policy-institute-on-family-caregiving-request-for-applications/)

- Send completed applications to Luke Pluta-Ehlers (lpehlers@nashp.org) by 5pm EST on January 29, 2021

- States will be notified of their application status no later than mid-February 2021
Thank You!

- Read the Application Questions at: https://www.nashp.org/nashp-state-medicaid-policy-institute-on-family-caregiving-request-for-applications
- Additional questions about the Application process can be emailed to Luke Pluta-Ehlers at lpehlers@nashp.org

This work is supported by The John A. Hartford Foundation.
State Innovations to Support Family Caregivers

Carrie Molke, Director
Wisconsin Bureau of Aging and Disability Resources

Wisconsin Department of Health Services
Agenda

Highlight efforts in Wisconsin that align with recommendations from the RAISE Family Caregiving Council
Public, Private Partnerships

Efforts to Join Together in Support of Family Caregivers in Wisconsin
WI Family & Caregiver Support Alliance

www.wisconsincaregiver.org

Wisconsin Family & Caregiver Support Alliance Goals

- Increase outreach and awareness
- Promote policy and advocacy efforts
- Improve systems navigation and access
- Expand family and caregiver support
- Strengthen community support
Governor’s Task Force on Caregiving

- Governor Evers
- Andrea Palm, Department of Health Services (DHS) Secretary
- Lisa Pugh and Todd Costello, Task Force Chairs
Task Force Charges & Methods

Executive Order #11 charged the Task Force with the following strategies to strengthen the direct care workforce and support families providing caregiving supports and services:

- Analyze strategies to attract and retain a strong direct care workforce.
- Support families providing care for their loved ones through respite services and other supports.
- Assess compensation and fringe benefits for caregivers, including ways to make healthcare affordable for the caregiving workforce through employer-sponsored plans, Medicaid buy-in plans, or other health insurance coverage options.
- Establish one or more registries of home care providers and develop a plan to provide referral or matching services for individuals in need of home care.
- Develop a plan to implement recruitment and retention programs to expand the pool of providers.
- Explore and develop solutions, in collaboration with other relevant departments and agencies, to support and strengthen the direct care workforce, increase access, and improve the quality of caregiving in Wisconsin.
Wisconsin Caregivers in Crisis: Investing in our Future
Governor’s Task Force on Caregiving

- 16 recommendations
- Family caregiver and direct care workforce recommendations
- Report to the Governor on September 30, 2020
Recommendations: for Family Caregivers

- Tailored Caregiver Assessment and Referral (T-Care) proposal
- Aging and disability resource center (ADRC) caregiver support coordinators
- Family Medical Leave Act amendments
- WI Credit for Caring
- The Care Act
- Homecare provider registry
- Link with direct care workforce proposals
Caregiver Programs

Highlighting New or Improved Programs for Family Caregivers in Wisconsin
Awareness, Outreach and Education

https://gwaar.org/family-caregiver-marketing-toolkit

Caring... from far away

When someone you love needs care but doesn’t live near you, finding help can be time-consuming, stressful and overwhelming.

Good news! Help is right at your fingertips.

Need a break?
Yes, you do.
Caring for someone can be a 24/7 job. Taking time for yourself is so important.
Let us help you find ways to care for yourself.

Caring for your grandchild?
It’s one of your greatest joys. But it can also be one of your biggest stressors.
The physical and financial demands of caring for a grandchild can be challenging — especially if you’ve become the main caregiver.

There’s help for you!
Awareness, Outreach and Education

http://alz.org/wisconsin/overview.asp#aboutTheCampaign

• “Know where Alzheimer’s hides” campaign; also targets family caregivers

• Caregiver friendly workplaces; toolkits for employers
Aging and Disability Resource Centers (ADRCs)

- A wide range of programs and services for family caregivers
- Community builders, educators, catalysts, advocates
- Caregiver support programs
- Caregiver coordinators
Aging and Disability Resource Centers (ADRCs)

- Dementia care specialists (DCS), including DCS in communities of color and tribal nations
- Tribal Alzheimer’s Family Caregiver Support Program
- Tribal aging and disability resource specialists
Free Online Training for Family Caregivers

- Partnership between Trualta, Wisconsin DHS, Area Agencies on Aging and the Family Caregiver Support Alliance
- Training accessible on a mobile device or computer
- Caregivers can be connected with a professional at the ADRC for additional assistance
Statewide Listing of Virtual Caregiver Events
Medicaid-funded Caregiver Support (HCBS)

- Caregivers provide a number of services to members, paid and unpaid
- Caregivers can be part of the care team
- Assessments of caregiver stress are required
- Services for caregivers are included:
  - Respite
  - Training services for unpaid caregivers
  - Self-advocacy skills training
The End

Questions and Discussion
Q & A

PLEASE TYPE YOUR QUESTIONS INTO THE CHAT BOX.
Your opinion is important to us. After the webinar ends, you will be redirected to a webpage containing a short survey. Your answers to the survey will help us as we plan future NASHP webinars.

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