

Performance Improvement

Instructions: You can earn up to 20 AMA PRA Category 1 Credit™ hours by undertaking a structured long-term process where an individual or group of physicians learn about specific performance measures, retrospectively assess their practice, apply these measures prospectively over a useful interval, and reevaluate their performance. Successful completion requires documenting a minimum of two performance improvement cycles and then reflecting on the resultant practice process and/or outcome changes. To be eligible to receive CME credit, you must complete the entire process: practice/performance analysis, application of performance improvement to patient care, evaluation of performance improvement effort, and re-evaluation and reflection on performance in practice.

First cycle (Sample)

Gap	Goal	Barriers	Ideas for first cycle	Evidence	Results
Explain the method used to analyze your practice (such as chart reviews and explain what you identified as the gap between <i>what is</i> and <i>what should be</i> ?	What achievable target(s) in your practice do you want to reach?	What barriers to you anticipate in reaching the targeted goal(s)?	What specific actions are you going to take to reach you targeted goal(s)?	What “best available” knowledge sources did you use to guide this improvement in your practice?	Analyze the post-intervention data and compare the results with your desired target goal(s). What performance measures did you use and what did they show?
	1.				
	2.				
	3.				
	4.				
Date of completion					

Adapt, Adopt, Abandon

Second cycle (Sample)

Goal	Barriers	Ideas for second cycle	Evidence	Results
What new target goal(s) in your practice do you want to reach?	What anticipated and unanticipated barriers interfered with your reaching the targeted goal(s)?	What specific actions are you going to take to reach your new target goal(s)?	What “best available” knowledge sources did you use to guide this next phase of improvement in your practice?	Analyze the post-intervention data and compare the results with your desired target goal(s). What performance measures did you use and what did they show?
1.				
2.				
3.				
4.				
Date of completion				

Summarize the practice process and/or outcome changes that resulted from completing this performance activity. Submit the completed documentation to Pediatric Education Services at Primary Children’s Medical Center.

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Primary Children’s Medical Center and the Department of Pediatrics of the University of Utah School of Medicine. Primary Children’s Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credit™: Primary Children’s Medical Center designated this activity for a maximum of 20 Category 1 credits toward the Physician’s Recognition Award.

Name: _____

E-mail: _____

First cycle worksheet

Gap	Goal	Barriers	Ideas for first cycle	Evidence	Results
Explain the method used to analyze your practice (such as chart reviews and explain what you identified as the gap between <i>what is</i> and <i>what should be</i> ?)	What achievable target(s) in your practice do you want to reach?	What barriers to you anticipate in reaching the targeted goal(s)?	What specific actions are you going to take to reach you targeted goal(s)?	What “best available” knowledge sources did you use to guide this improvement in your practice?	Analyze the post-intervention data and compare the results with your desired target goal(s). What performance measures did you use and what did they show?
	1.				
	2.				
	3.				
	4.				
Date of completion					

As you proceed to the second stage of the performance improvement cycle, what facets or strategies are you going to adapt, adopt or abandon?

Name: _____

E-mail: _____

Second cycle

Goal	Barriers	Ideas for second cycle	Evidence	Results
What new target goal(s) in your practice do you want to reach?	What anticipated and unanticipated barriers interfered with your reaching the targeted goal(s)?	What specific actions are you going to take to reach your new target goal(s)?	What “best available” knowledge sources did you use to guide this next phase of improvement in your practice?	Analyze the post-intervention data and compare the results with your desired target goal(s). What performance measures did you use and what did they show?
1.				
2.				
3.				
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Summarize the practice process and/or outcome changes that resulted from completing this performance activity.

You may electronically submit the completed documentation to Pediatric Education Services at Primary Children’s Medical Center: pes@ihc.com or by fax at (801) 588-4075.

You will receive your CME certificate by e-mail. For questions, please phone Pediatric Education Services (801) 588-4060.