



## Objectives for UPIQ's Learning Collaborative on Screening for Maternal Depression

As a result of this CME event, the attendee should be able to:

- Describe how to use the QI model to develop a program to provide screening for maternal depression as part of early well-child visits.
- Identify essential components of a staged implementation plan for providing maternal depression screening.
- Identify strategies to work with primary care providers, licensed mental health providers, community resources, including public health nurses and family supports, to optimize the care of mothers with maternal depression and their families.
- Describe the importance of measurement in guiding improvement efforts and how to measure for improvement.
- Describe and recognize the critical role that each member of the practice team (office staff, nurse, other providers, etc.) plays in improving care for mothers with maternal depression and their families.
- Describe the Model for Improvement and how to practically implement it in their practice.
- Provide education and support for mothers and their families.
- Assist mothers and their families in contacting and working with appropriate community resources (e.g., Community Mental Health Centers, Early Intervention, Early Head Start and Head Start, Local Health Departments, etc.)