



Community Based Resources

Partners in serving children.



Early & Periodic Screening, Diagnosis and Treatment

- Known in Utah as Child Health Evaluation and Care (CHEC)
- Set of Medicaid benefits for enrollees birth to 21 years
- Three components
 - Preventive Services
 - Outreach and Education
 - Expanded Services




Preventive Services

- Well-child visits based on periodicity schedule.
- Five components
 - **A comprehensive health and developmental history, including the assessment of both physical and mental development;**
 - **A comprehensive physical examination;**
 - **Appropriate immunizations according to age and health history;**
 - **Laboratory tests, including blood lead level assessment appropriate to age and risk; and**
 - **Health education, including anticipatory guidance**



Expanded Services

- Section 1905(a) of the Social Security Act/ includes the following under the identification of Medicaid covered services: “(13) other diagnostic, screening, preventive, and rehabilitative services, including any medical or remedial services (provided in a facility, a home, or other setting) recommended by a physician or other licensed practitioner of the healing arts within the scope of their practice under state law, for the maximum reduction of physical or mental disability and restoration of an individual to the best functional level;” And
- “(25) any other medical care, and any other type of remedial care recognized under State Law, ...”

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- Section 1905(r) of the Social Security Act/ specifies the Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT, called CHEC in Utah) benefit package to include: “(5) Such other necessary health care, diagnostic services, treatment, and other measures described in section 1905(a) to **correct or ameliorate** defects and physical and mental illnesses and conditions discovered by screening services, whether or not such services are covered under the State plan.”



Home Visiting Services

- Early Childhood Targeted Case Management Services
 - Provide case management services for Medicaid enrolled infants
 - Administered by District Health Departments
- Prenatal – 5 Nurse Home Visiting Program
 - Provide services for pregnant women, infants, and young children
 - Administered by District Health Departments



Eligibility

- Early Childhood Targeted Case Management Service
 - Children birth to age one enrolled in Medicaid
- Prenatal – 5 Nurse Home Visiting Program
 - Pregnant women
 - Children birth to age five, at risk

To refer a patient or for more information, contact your local health department or the Utah Department of Health www.health.utah.gov/lhd OR www.health.utah.gov/cash



Services

- Early Childhood Targeted Case Management Service
 - Initial assessment
 - Linking to community resources
 - Follow-up case management
- Prenatal – 5 Nurse Home Visiting Program
 - Initial assessment
 - Linking to community resources
 - Follow-up case management
 - Education, clinical services, screening, services for family



Early Intervention

- Early Intervention services are state funded Special Education services for children ages birth-to-three years old who meet the Utah definition of “infant or toddler with a disability.”



Services

Early Intervention includes array of services to help families meet the Individualized Family Service Plan goals, including:

- special instruction,
- family training,
- occupational and physical therapy,
- speech-language services,
- assistive technology,
- hearing and vision services,
- nutrition, and
- help with transportation.

Some services are provided in collaboration with other agencies. Skilled staff who are appropriately licensed in a variety of professional fields and credentialed as an Early Intervention Specialist in the state of Utah provide these services.



Community Mental Health Centers (CMHC)

- Purpose-
- To provide Mental Health services to low/no income Medicaid individuals and families
- Eligibility-
- Medicaid
- Private Pay
- Cash
- Insurance
- CMHC's are mandated to provide mental health services to Medicaid/Medicare eligible clients in their respective catchments. The Center's also provide services to the civilly committed.



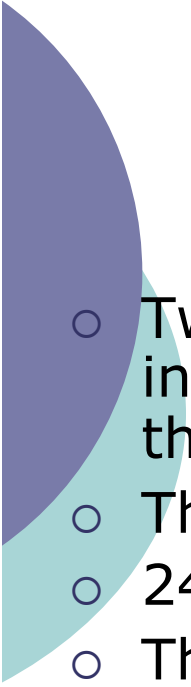
Services

- Therapeutic Mental Health Treatment
 - Individual
 - Family
 - Group
- Educational-
 - Parenting classes
- Case Management
- Mental Health Evaluations
- Assessments
- Psychological Testing
- Outpatient
- Individual
- Family
- Group
- Therapeutic Behavioral Services
- Individual Behavior Management
- Group Behavior Management
- Case Management
- Medication and Medication Management
- Skills Development
- Individual Skills Training
- Psychosocial Rehabilitative Services (Group Skills Development Services)



The Children's Center

- The Children's Center is a private, non-profit, agency providing therapeutic treatment to emotionally and behaviorally troubled pre-school aged children (birth to seven).
- Founded in 1962, they are considered a resource for state and national health authorities in the field of early childhood psychopathology.

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- Two outpatient facilities offering parent-child therapy, individual therapy, parenting classes, and parent-child therapy groups.
 - Therapeutic Day Treatment.
 - 24-hour Residential Treatment Center.
 - The Eskuche Center for Foster Children.
 - Teen Mother/Toddler/Infant instruction and Outreach Program (early intervention/prevention of child abuse) at Horizonte.
 - After-school group sessions.
 - Consultation and training to more than 50 traditional Day Care Centers annually.
 - The Children's Center, by virtue of its expertise, is also under contract to provide statewide training to mental health agencies and clinicians specializing in childhood disorders.



Head Start

- Head Start and Early Head Start are national child development programs that provide comprehensive developmental services for low-income children and social services for their families.
- Early Head Start serves children from birth to three years and pregnant women.
- Head Start serves children from three to five years.
- American Indian Head Start serves children from three to five years.
- Migrant Head Start serves children from six weeks to five years.



Program Services

- All programs provide comprehensive developmental services including educational, health, or parental involvement services.



Eligibility

- At least 90% of the children enrolled in each Head Start program must be from families who meet federally regulated guidelines. Up to 10% of children may be above income guidelines. At least 10% of the enrollment opportunities in each program must be made available to children with disabilities.



Child Development Clinic

- The Child Development Clinic is a Utah Department of Health program that serves children birth to five years of age with special health care needs such as:
 - medical/physical challenges;
 - emotional/behavioral difficulties;
 - developmental delays;
 - autism spectrum disorders;
 - speech, language and voice disorders;
 - and attention deficit/hyperactivity disorders.
- Anyone can refer to the program.



Eligibility

- Age restrictions: Birth through five years of age. Exceptions will be granted for older siblings if deemed appropriate by the program.
- Residency restrictions: Live in Salt Lake, Tooele, or Summit Counties, or live in Davis County south of Farmington.
- The program focuses on providing a team assessment for children with challenging behavior and/or development that is delayed, unusual, or difficult to diagnose.
- Anyone who is concerned about a child is encouraged to contact the clinic at 584-8510 for more information.