

**ABCD Healthy Beginnings**

Practice ID: \_\_\_\_\_

Pediatric Practice Social/Emotional (S/E) & Maternal Depression Questionnaire

Date: \_\_\_\_\_

Who was your favorite teacher in high school? \_\_\_\_\_

1. What is your role?

Physician  Physician Assistant  Nurse Practitioner  Nurse  Administrative  Other: \_\_\_\_\_

2. How many years have you been in this role? \_\_\_\_\_

3. How prepared:

	Not at all prepared		Somewhat prepared		Very prepared
are <u>you</u> to address to the social/emotional needs of children under 3?	1	2	3	4	5
are <u>you</u> are address to the mental health needs of mothers with new babies under 1?	1	2	3	4	5
is <u>your practice</u> to address to the social/emotional needs of children under 3	1	2	3	4	5
is <u>your practice</u> to address to the mental health needs of mothers with new babies under 1?	1	2	3	4	5

4. How do you screen the social/emotional development of children 0-3?

- Monitor development/clinical judgment  Use a questionnaire/checklist (non-standardized)
- Use a standardized tool (\_\_\_\_\_)
- Use a standardized tool (\_\_\_\_\_)
- Do not conduct S/E screenings  Question is not applicable to me

5. When do you screen the social/emotional development of children 0-3?

- At every well-baby visit  When there is a concern  Other \_\_\_\_\_
- Do not conduct S/E screenings  Question is not applicable to me

6. If a child 0-3 does not pass the social/emotional screening, what do you typically do? *Check all that apply*

- Discuss concern with family/provide anticipatory guidance  Monitor the child
- Rescreen the child
- Make external referral to: \_\_\_ CFC/EI \_\_\_ Hospital/therapist \_\_\_ Other: \_\_\_\_\_
- Other \_\_\_\_\_  Do not conduct S/E screenings
- Question is not applicable to me

7. Approximately how many children 0-3 and their families have you referred to for:

	Developmental Concerns (cognitive/motor/language)		Social/Emotional Concerns		Question not applicable to me
	In the past year	In the past month	In the past year	In the past month	
Child & Family Connections (CFC)/Early Intervention (EI)					
Hospital/therapist					
Other: _____					

8. How do you screen the mental health of a mother with a baby under 12 months?

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- Monitor her mental state/clinical judgment
- Use a questionnaire/checklist (non-standardized)
- Use a standardized tool (\_\_\_\_\_)
- Do not screen mother's mental health
- Other \_\_\_\_\_
- Question is not applicable to me

9. When do you screen the mental health of a mother with a baby under 12 months?
- At every visit
  - When there is a concern
  - Other \_\_\_\_\_
  - Do not screen mother's mental health
  - Question is not applicable to me

10. If a mother is judged to be depressed or at risk for depression, what do you typically do?
- Discuss concern with mother
  - Monitor the mother
  - Give community resources/hotline number
  - Make external referral to:
    - \_\_\_ Her physician
    - \_\_\_ Hospital/therapist
    - \_\_\_ Mom is my patient too
    - \_\_\_ Other: \_\_\_\_\_
  - Other \_\_\_\_\_
  - Do not assess mother's mental health
  - Question is not applicable to me

11. When you have concerns about children 0-3 under your care, do you have access to social emotional/mental health consultation?  Yes  No  Question is not applicable to me
- If yes, is the amount of consultation that you have access to:*
- too much
  - about right
  - too little
- How beneficial is the consultation to your work?
- Not at all
  - Somewhat beneficial
  - Very beneficial

12. What do you or would you want to discuss with a social emotional consultant?

13. To what extent do you currently feel knowledgeable about the following:

	Not at all		Somewhat		Very much	Not applicable to me
Social emotional (S/E) development	1	2	3	4	5	N/A
Signs of a healthy parent/child relationship	1	2	3	4	5	N/A
S/E problems in first 3 years of life	1	2	3	4	5	N/A
Interventions for S/E /behavioral problems	1	2	3	4	5	N/A
How to support parent/child relationships	1	2	3	4	5	N/A
Community mental health resources	1	2	3	4	5	N/A
Identifying signs of maternal depression	1	2	3	4	5	N/A

14. To what extent do you currently feel comfortable and skilled in :

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	Not at all		Somewhat		Very much	Not applicable to me
Conducting a S/E screening	1	2	3	4	5	N/A
Conducting a MD screening	1	2	3	4	5	N/A
Initiating discussions with parents about relationship and behavioral concerns	1	2	3	4	5	N/A
Helping parents observe their child’s cues and preferences to develop supportive approaches to caregiving and discipline	1	2	3	4	5	N/A
Encouraging pleasurable parent/child interaction	1	2	3	4	5	N/A
Conducting a screening for maternal depression	1	2	3	4	5	N/A
Making a referral for S/E concerns	1	2	3	4	5	N/A
Making a referral for MD concerns	1	2	3	4	5	N/A

15. Please indicate whether the following items are **TRUE** or **FALSE**.

- a. If a child’s score falls on, or just above, the designated cutoff score on the Ages and Stages Questionnaire: Social/Emotional (ASQ: SE), a referral for additional assessment is not necessary. True False
- b. A provider must consider a parent’s perspective when assessing a child’s behavior. True False
- c. The Illinois Department of Public Aid (IDPA) will reimburse providers for the use of the ASQ:SE screening tool if the child receives KidCare (Medicaid). True False
- d. About 10% of new mothers will experience the “Baby Blues.” True False
- e. About 50-80% of new mothers will experience postpartum psychosis. True False
- f. Maternal depression can begin during pregnancy. True False
- g. If a new mother does not show any risk factors for depression, you do not need to take time to do a screening with her. True False
- h. The Edinburgh Postnatal Depression Scale can only be offered to mothers following the baby’s birth. True False
- i. Parents generally give accurate and quality information about their child’s development and behavior. True False
- j. Only parents can make a referral call to Child & Family Connections. True False

16. Is there anything else you would like to share about your experience?

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Thank you!